

Northern Lymphology Education

NEGATIVE PRESSURE LYMPH DRAINAGE - NPLD

Level 1 - Introduction and Concepts of NPLD

Classroom Study Days

This one day course will start at 9am and finish at 5pm. The course will be delivered in English.

COST - £160

What is included in the course cost?

- All course materials (combination of printed and electronic)
- Use of LymphaTouch® machines and other equipment whilst on the study days
- Information on further courses
- Certificate - upon completion of the day course a certificate of attendance will be given
- Refreshments (please note lunch is not included, you will need to bring this)

Who should attend?

All professionals who are new to Negative Pressure Lymph Drainage and are working clinically in an appropriate area of practice.

Physiotherapist - Registered Nurse - Occupational Therapist - Radiographer - Medic - MLD Therapist - Lymphoedema Practitioner - Sports Therapist - Other professions, please contact for further information - education@northernlymphology.com

Course Aims

This one day course aims to introduce the concept of using negative pressure and high frequency vibration to enhance lymphatic circulation in various clinical settings. Understanding the functions of the device - LymphaTouch®- you will be guided through the various aspects of application, when and when not to use it and be introduced to some basic techniques and pressures on various parts of the body.

Course Content

The course will have both a theoretical and practical component. You will be taken through the process of using the LymphaTouch®, the terminology and device logo's (theory & practical). Treatment and clinical areas including lymphoedema, post-operative, sports and pain management will be discussed. Demonstration on 'pre-programmed' sessions on the 2nd generation will form a small part of the day. The latest research will be shared and discussed. The practical aspect of the course will require you to treat your classroom partner and allow them to treat you, so you should know this in advance. All content will be supported with a combination of printed and electronic material.

Certification

Upon completion of the study day,, you will receive a Certificate to confirm you have attended the NPLD one-day Introduction to Concepts course at Northern Lymphology Education. This will support your continued professional practice.

Further Information



Justine Whitaker MSc, RN

This specialist programme of education is delivered by Justine Whitaker, one of the UK's leading experts in lymphoedema with over 25 years experience. Director and Nurse Consultant of Northern Lymphology Ltd, Justine works clinically on a daily basis with complex patients with lymphatic disorders. As a Senior Lecturer at the University of Central Lancashire (UK), Justine can ensure a distinct level of quality to the educational content and delivery of this course.

Courses are held primarily at Northern Lymphology Ltd in the Forest of Bowland, Lancashire
www.northernlymphology.com

Opportunity to have the courses delivered locally to you both in UK & Internationally are available, please contact for more information - education@northernlymphology.com