



NEGATIVE PRESSURE LYMPH DRAINAGE - NPLD

Level 2 - Advanced Practice in NPLD

Classroom Study Days

Days 1,2 & 3 will run consecutively and start at 9am and finish at 6pm each day. You will need to attend all 3 days. The course will be delivered in English.

Self-directed Study

Upon completion of the 3 study days, you will need to dedicate 45 hours of self-directed study to complete the course work for submission on the given date.

On-line access and Support

Throughout the self-directed study period you will have access on-line to Justine Whitaker for support both with your course and clinical work at mutually agreeable pre-set times. Submission of course work is set at 6 weeks from the end of the 3rd study day and this is done on-line.

COST - £695

What is included in the course cost?

- All course materials (combination of printed and electronic)
- Use of LymphaTouch® machines and other equipment whilst on the study days
- NPLD Treatment Pathways
- Certificate - upon completion of the course and successful submission of course work
- Refreshments (please note lunch is not included)

Who should attend?

It is expected that you are working regularly with managing the lymphatic system and you have a good understanding of the anatomy & physiology of the the Lymphatics. An MLD qualification is very beneficial but not a definite prerequisite.

Physiotherapist - Registered Nurse - Occupational Therapist - Radiographer - Medic - MLD Therapist - Lymphoedema Practitioner - Sports Therapist - Other professions, please contact for further information - education@northernlymphology.com

Course Aims

Based upon the assessment of competences, this course aims to deliver evidence-based treatment and pathways to manage lymphoedema (chronic) and swelling (acute), using Negative Pressure with LymphaTouch®, adding an advanced holistic approach to your practice.

Course Content

Delivered using both a theoretical and practical approach, the course content will cover aspects related to how NPLD affects the skin, fascia, scar tissue, inflammatory response and lymphatic drainage. Encompassing LymphaTouch® unique qualities of enhancing lymphatic circulation and understanding when combined with

mechanical high frequency vibration, rehabilitation can be enhanced. Techniques and pathways will be taught for different presentations on different types of swelling throughout the body. Latest research will be shared and discussed. The practical aspect of the course will require you to treat your classroom partner and allow them to treat you, so you should know this in advance. All content will be supported with a combination of printed and electronic material.

Course Work and Completion

Upon completion of the 3 study days, you will need to dedicate 45 hours of self-directed study to complete the course work for submission on the given date. Submission of course work is set at 6 weeks from the end of the 3rd study day and this is done on-line.

The course work which you will undertake during Self-directed study, will be a Critical Analysed Case Study with supportive clinical rationale demonstrating clinical competences - 2,000 max

3 study days - 45 hours self-directed study - successful submission of 2,000 word case study and competences

Certification

Upon completion of the 3 study days, self-directed study and successful submission of course work and competencies, you will receive a Certificate to confirm you have passed the NPLD course at Northern Lymphology Education. This will support your continued professional practice. The certificate will be posted individually.

Further Information



Justine Whitaker MSc, RN

This specialist programme of education is delivered by Justine Whitaker, one of the UK's leading experts in lymphoedema with over 25 years experience. Director and Nurse Consultant of Northern Lymphology Ltd, Justine works clinically on a daily basis with complex patients with lymphatic disorders. As a Senior Lecturer at the University of Central Lancashire (UK), Justine can ensure a distinct level of quality to the educational content and delivery of this course.

Courses are held primarily at Northern Lymphology Ltd in the Forest of Bowland, Lancashire
www.northernlymphology.com

Opportunity to have the courses delivered locally to you both in UK & Internationally are available, please contact for more information - education@northernlymphology.com